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The State-Trait Anxiety Inventory (STAI) is a psychological inventory based on a 4-point Likert scale and consists of 40 questions on a self-report basis. The STAI measures two types of anxiety – state anxiety, or anxiety about an event, and trait anxiety, or anxiety level as a personal characteristic. Higher scores are positively correlated with higher levels of anxiety.

State-Trait Anxiety Inventory - Wikipedia

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The state-trait anxiety inventory or STAI is a widely accepted measure of trait and state anxiety elaborated by Spielberger and collaborators in 1983. It is used in clinical settings for the diagnosis of anxiety and to differentiate it from depressive syndromes. It is also used by researchers as an indicator of caregiver distress (APA).

State-trait Anxiety Inventory (A Guide)

Description of Measure: The State-Trait Anxiety Inventory (STAI) is a commonly used measure of trait and state anxiety (Spielberger, Gorsuch, Lushene, Vagg, & Jacobs, 1983). It can be used in clinical settings to diagnose anxiety and to distinguish it from depressive syndromes.

The State-Trait Anxiety Inventory (STAI)

ICF-Code/s b1 Description The STAI The State-Trait Anxiety Inventory (STAI) is a commonly used measure of trait and state anxiety. It can be used in clinical settings to diagnose anxiety and to distinguish it from depressive syndromes. It also is often used in research as an indicator of caregiver distress.

State Trait Anxiety Inventory – Trait scale (STAI-T)

The STAI has 40 items, 20 items allocated to each of the S?Anxiety and T?Anxiety subscales. There is also a STAI for children (STAIC) with the same number of items. Short versions of the scales have been developed independently (2 - 4).

Measures of anxiety: State?Trait Anxiety Inventory (STAI ...

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The S scale is scored on a four-point Likert-type scale (from 1 = Not at all to 4 = Very much so). For the S scale half of the items are reversed (i.e. assess the absence of situational anxiety). The Trait scale (T), on the other hand, is designed to assess the person's general level of anxiety in terms of the general tendency to respond fearfully to a number of aversive stimuli (how you ...

State-Trait Anxiety Inventory Self Evaluation ...

THE STATE-TRAIT ANXIETY INVENTORY (C.H. Spielberger, 1968, 1977) Purpose This self-report measure indicates the intensity of feelings of anxiety; it distinguishes between state anxiety (a temporary condition experienced in specific situations) and trait anxiety (a general tendency to perceive situations as threatening). It was originally developed as a research instrument to study anxiety in ...

THE STATE-TRAIT ANXIETY INVENTORY (C.H. Spielberger, 1968 ...

Welcome to the free anxiety test. The STAI (State-Trait Anxiety Inventory) is designed to assess your anxiety from everyday situations. A test developed by Spielberger and psychologists to realize an evaluation of your anxiety. Discover your intensity response to anxiety (see an example of the results)

Free Test Anxiety: Take the Anxiety Test for Free

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Stai T Questionnaire stai t questionnaire stai t questionnaire Ce questionnaire évalue votre anxiété dans la vie en générale, et se réfère à l'anxiété trait. C'est une disposition stable de la personnalité. L'échelle d'Anxiété – Trait de Spielberger (STAI forme Y2) évalue les

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caractéristiques générales, stables, de la

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The STAI is a validated 20 item self report assessment device which includes separate measures of state and trait anxiety. The original STAI form was constructed by Charles D. Spielberger, Richard L. Gorsuch, and Robert E. Lushene in 1964.

State Trait Anxiety Inventory

The questionnaire consisted of the Danish translation of STAI - state anxiety scale along with Short Form 12 Health Survey (SF-12) which was used for hypothesis testing to assess construct validity of STAI - state anxiety scale. It was set up in REDCap™ (Research Electronic Data Capture) hosted at Aarhus University.

Validity and reliability of State-Trait Anxiety Inventory ...

The Anxiety Scale Questionnaire (ASQ) and Manifest Anxiety Scales (MAS) have positive correlation of scores (.73 and .85) with the STAI version T, which is close enough to show reliability but...

(PDF) Manual for the State-Trait Anxiety Inventory (Form ...

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