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Guy Stuff by
Cara Natterson

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(American Girl)

NAPPA Product

Review: Guy

Stuff Body Book

for Boys Wonder

Years Wednesday

- Book Review:

\ "Guy Stuff: The

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Books\ " The

Girls and Boys

Body Book by

Kelli Dunham

Amazing You - a

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the Body Book
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More All About
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The Growing Up
Book for Boys by
Davida Hartman

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Wellcast - What
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Decoding Puberty
in Girls

What's happening
to me? Book for
Boys

The care and
keeping of you□□

Human Body Books
for Children**All**

About Boys

Puberty My

Changing Body

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(Boy's Edition)

- *puberty book*

What is Puberty?

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Everything You

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Let's Talk About

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**Wellcast - All
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Puberty Boys
Body Book**

Guy Stuff: The
Body Book for
Boys. Written by
Cara Natterson,
American Girl
Publishing. With

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the success of their puberty guide books for girls, American Girl has published another puberty book, but this time it's for the boys. This book is not just about general puberty though, it's more of a

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guide to
becoming a
healthy adult,
both physically
and mentally
(Body odour?

8 puberty books
for boys -

Today's Parent
Steve Parker
graduated with a
BSc (Honours,
First Class) in

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Zoology and is a Senior Scientific Fellow of the Zoological Society of London. He has written more than 200 books and has edited or contributed to over 100 more, including The Human Body,

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Body Atlas, and
Eyewitness
Medicine,
published by
DK. He has been
shortlisted for
the Rhone-
Poulenc Science
Book of the Year
and the Times
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The Human Body
Book:

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Steve Parker,
Medi . . .

body better, and
what you like
and don't like.
But you don't
have to do it.
There is no way
you can 'lose
energy' this
way. A few
sportsmen won't
masturbate or

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have sex the night before a match. others take the opposite view. There's no scientific evidence against masturbation. Most boys and men rub themselves to get

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4Boys - A Guide
To The Male Body

Kelli Dunham,
RN, BSN, is a
nurse, stand-up
comic, and
author of How to
Survive and
Maybe Even Love
Nursing School,
How to Survive
and Maybe Even
Love Your Life
as a Nurse, and

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The Boy's Body Book: Everything You Need to Know for Growing Up You, also published by Applesauce Press. She has worked as a primary care and home visiting nurse with first-time new moms.

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during
adolescence.
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include: * YOUR
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From hair care
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The Boys Body
Book: Fourth
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Need to ...

A friendly,
reassuring
positive guide
for boys as they
approach
puberty,
explaining the
changes that
will happen to

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their bodies as they grow up and how these changes might make them feel.

Covering everything from body hair and vocal changes to mood swings and self-esteem, puberty and parenting expert Phil Wilkinson

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addresses any worries that boys might have relating to what is 'normal'.

The Boys' Guide
to Growing Up:
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Wilkinson ...

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BODY BOOK FOR
BOYS is a head-
to-toe guide for

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boys on how to care for their changing body, from fighting off funky smells to cultivating healthy habits with lifelong benefits.

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and body shape,
major changes
during puberty,
lower body,
fitness, sleep
habits, and
emotions.

Guy Stuff: The
Body Book for
Boys Book Review

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Puberty is when a child's body begins to develop and

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change as they become an adult. Girls develop breasts and start their periods. Boys develop a deeper voice and facial hair will start to appear. The average age for girls to begin puberty is 11, while for boys

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the average age
is 12.

You have
questions? We
have answers to
everything you
need to know for
growing up you!
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as easy as it
looks. With

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changing
emotions,
friends,
expectations,
and bodies, some
days it can seem
like life is one
big roller
coaster ride.

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football,
soccer, chess:
How you can
excel no matter
what you like to
do * The care
and keeping of
parents,
teachers,
brothers, and
sisters * How to
keep your

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friends and your
morals, and what
to do if peer
pressure or
bullying starts
to be come an
issue * And so
much more!

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#1 bestselling book for pre-teen boys has been fully updated and expanded to include everything you need to know about your changing body, texting and social media, friendship and

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peer pressure,
leadership, and
so much more!
You update your
gadgets, your
look, and your
fantasy sports
teams; now it's
time to update
your knowledge
about the most
important person
in your life:
You! Don't rely

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on what you hear
in the locker
room. Find out
the truth about
your changing
body and all
that goes with
it in The Boy's
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#1 bestselling
book on
succeeding
during
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keeping of
parents,
siblings,
teachers,
friends, and
coaches * YOUR
CHANGING LIFE:
From dressing
for success to
internet safety,
making better
food choices to
dealing with
bullies (online

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or in-person),
it's a whole new
world out there.
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lot to learn
about this next
phase of your
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The Boy's Body Book is here to help with expert advice, common sense tips, fast facts, and answers to all questions a boy might have about growing up.

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Shares advice on the changing male body and the challenges of growing up, from shaving and vocal changes to acne and interpersonal relationships.

Guy Talk is the must-have advice book for boys

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navigating all things puberty and growing up great! This easy to read, diverse guide is illustrated for better understanding and includes bodies of all shapes, abilities, and sizes. With Guy

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Talk, get the answers to the questions you don't know who to ask or are too embarrassed to. From body changes, personal hygiene, healthy eating, and tips for sensitive topics, this book covers all

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the bases. Learn to not only prioritize your physical health, but your emotional health, too! A healthy mind and a healthy heart makes for a happy life. Maintain healthy relationships with family,

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friends, and
peers. Growing
up isn't just
about your
changing body.
Learn how to
handle peer
pressure, social
media safety,
consent, and
self-confidence
so that you can
be your best you
as you journey

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through this new
time in your
life.

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about growing up, even the embarrassing stuff. Things can get rocky during puberty. That's why we made the Boy's Body Book. The updated fifth edition of this #1 bestselling book made just for boys

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contains everything you need to know about growing up, even the embarrassing stuff; it also includes topical issues like school safety and consent. Author and nurse Kelli Dunham covers

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everything from body changes to planning for college, giving pre-teen boys the answers they need to prepare for puberty and beyond.

You Mean I Can Ask That? Boys' bodies do the craziest things!

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They can knock a baseball out to right field or trip in front of class. But at a certain point, those bodies start to grow up and go through some wild changes. You might be wondering things like: Why don't

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I look like him?
How can I get
buff without
steroids? And
how can I handle
that talk my
parents want to
have—you know,
the talk? Yikes!
Guy Talk answers
all the
important
questions you
want answers to

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but would rather not ask, mixing fun with great advice for growing guys.

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looks. With changing emotions, friends, expectations, and bodies, some days it can seem like life is one big roller coaster ride. The Boy's Body Book is here to help with expert advice, common

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sense tips, fast facts, and answers to all questions a boy might have.

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soccer, chess:
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what you like to
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the care and
keeping of
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teachers,
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sisters How to
keep your
friends and your

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to do if peer
pressure starts
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